



# 實證護理最佳資源檢索 JBI Resource on Ovid

2023年5月22日



Wolters Kluwer



# Ovid Medline檢索功能

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- 最嚴謹的搜尋方式
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- 取得最完整的文獻資料

## 特定欄位搜尋

- Find Citation
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- Multi-Field Search

## Search Tools

- 標題詞的延伸應用
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You searched:  
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family  
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stroke rehabilitation

## Search Returned:

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- ☐ 1. **Experiences of stroke survivors, their families and unpaid carers in goal setting within stroke rehabilitation.**

Lizarondo, Lucylynn.

*Best Practice: evidence-based information sheets for health professionals.* 21(4):1-4, 2019.

[Best Practice Information Sheets]

AN: JBI23158

Year of Publication

2019

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**Eclectic/mixed model method for upper extremity functional recovery in stroke rehabilitation**

Kumar, K. Vijaya Joshua, Abraham M. Kedambadi, Rakshith Mithra, P. Prasanna

**Acupuncture in stroke rehabilitation**

Sun, Feng Wang, Jinchun Wen, Xia

**Stroke rehabilitation**

Dusica, Simic-Panic S Devecerski, Gordana V Jovicevic, Mirjana N Platisa, Nedeljko M

**Clinical application of repetitive transcranial magnetic stimulation in stroke rehabilitation**

Shin, Joonho Yang, EunJoo Cho, KyeHee Barcenar, Carmelo L Kim, Woo Jin Min, Yusun Paik, Nam-Jong

**Effects of different frequencies of repetitive transcranial magnetic stimulation on the recovery of upper limb motor dysfunction in patients with suba....**

Li, Jiang Meng, Xiang-min Li, Ru-yi Zhang, Ru Zhang, Zheng Du, Yi-feng

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- ☐ 2. **Experiences of stroke survivors, their families and unpaid carers in goal setting within stroke rehabilitation: a systematic review of qualitative evidence.**

Lloyd, Anna. Bannigan, Katrina. Sugavanam, Thavapriya. Freeman, Jennifer.

*JBI Database of Systematic Reviews & Implementation Reports.* 16(6):1418-1453, 2018.

[Systematic Reviews]

AN: JBI19724

Year of Publication

2018

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- ☐ 3. **The experiences of stroke survivors, their families and unpaid carers regarding goal setting within stroke rehabilitation: a systematic review protocol.**

Lloyd, Anna. Bannigan, Katrina. Sugavanam, Thavapriya. Freeman, Jenny.

[Systematic Review Protocols]

AN: JBI14537

Year of Publication

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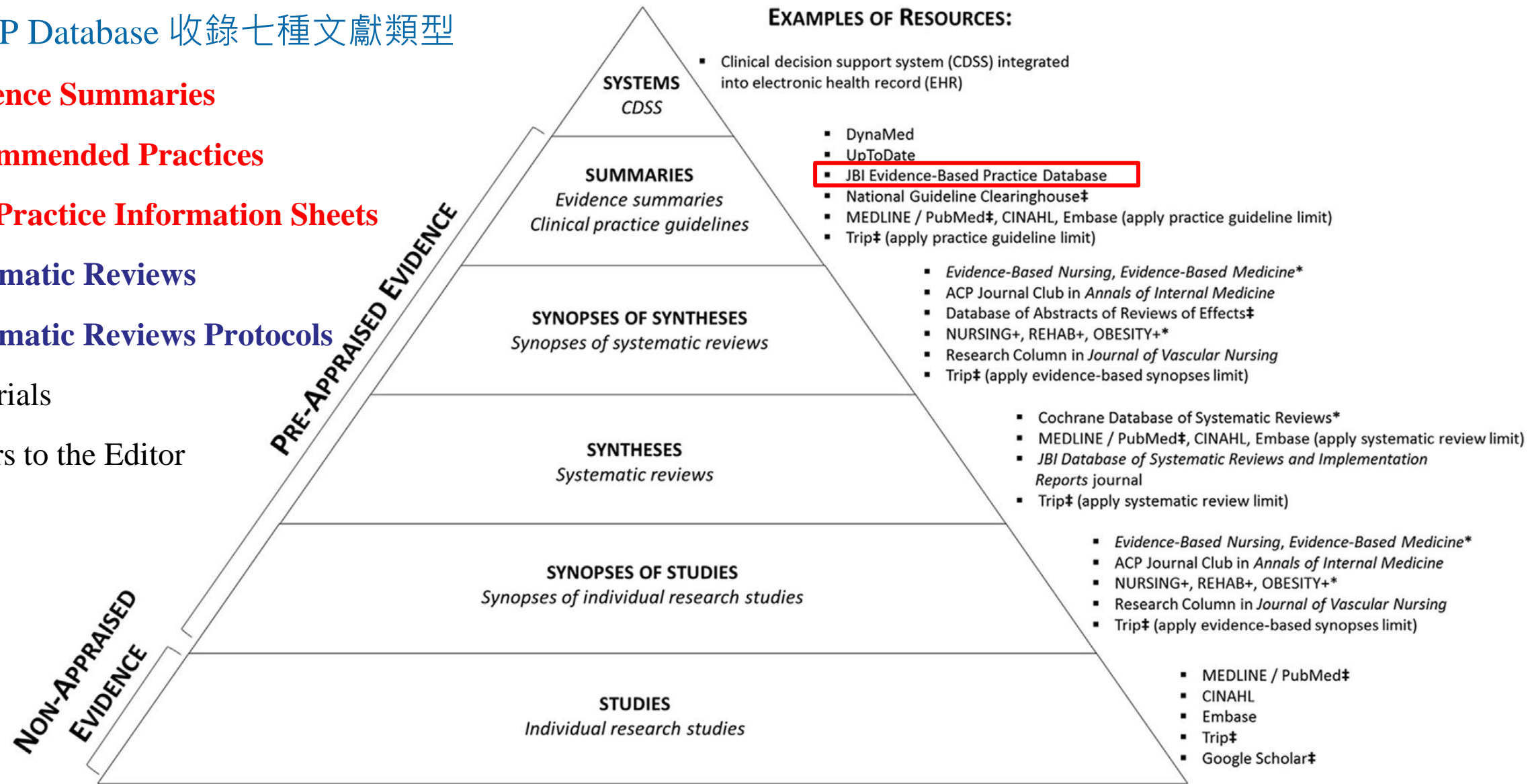
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6S model of evidence with examples of resources from Jameson J, Walsh ME. Tools for evidence-based vascular nursing practice: Achieving information literacy for lifelong learning. *J Vasc Nurs*. 2017 Dec;35(4):201-210.

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☐ 1. **POST STROKE REHABILITATION: NUTRITION MANAGEMENT.**

Picot, Ebony [BHSc, BPsySt].

[\[Evidence Summaries\]](#)

AN: JBI19321

Year of Publication  
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Pamaiahgari, Priyanka [BDS].

[\[Evidence Summaries\]](#)

AN: JBI1231

Year of Publication  
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[Cite](#) [+ My Projects](#) [+ Annotate](#)[Complete Reference](#)[Internet Resources](#)[S-F-X](#)[JBI Database PDF](#)[JBI Topic Request](#)☐ 3. **STROKE PATIENTS (ARM FUNCTION): EXERCISE THERAPY.**

Sivapuram, Madhava Sai [MBBS Student].

[\[Evidence Summaries\]](#)

AN: JBI430

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Relevance: ★★★★★

Accession Number: JBI19321

Author: [Picot, Ebony](#) [BHSc, BPsySt].Title: POST **STROKE REHABILITATION**: NUTRITION MANAGEMENT.Publication Type: [Evidence Summaries](#).


Keywords: CVA; Cerebrovascular accident; Inpatient; Nutrition management

MeSH Subject Headings: [Dietetics](#); [Rehabilitation](#); [Stroke](#)Subject Area Node: [Aged Care](#); [Rehabilitation](#)

- References:
1. Burgos R, Breton I, Cereda E, Desport JC, Dziewas R, Genton L, et al. ESPEN guideline clinical nutrition in neurology. Clin Nutr. 2018; 37(1):354-96.
  2. **Stroke** Foundation. Clinical Guidelines for **Stroke** Management 2017. Summary - dietetics [cited 2018 Mar 15]. Available from: [informme.org.au/en/Guidelines/Clinical-Guidelines-for-Stroke-Management-2017](http://informme.org.au/en/Guidelines/Clinical-Guidelines-for-Stroke-Management-2017).
  3. National Institute for Health and Care Excellence (NICE). **Stroke** and transient ischaemic attack in over 16s: diagnosis and initial management (CG68) 2008 [cited 2018 Mar 15]. Available from: [nice.org.uk/guidance/cg68](http://nice.org.uk/guidance/cg68).
  4. Gomes F, Emery PW, Weekes CE. Risk of malnutrition is an independent predictor of mortality, length of hospital stay, and hospitalization costs in **stroke** patients. J **Stroke** Cerebrovasc Dis. 2016; 25(4):799-806.
  5. Rabadi MH, Coar PL, Lukin M, Lesser M, Blass JP. Intensive nutritional supplements can improve outcomes in **stroke rehabilitation**. Neurology. 2008; 71:1856-61.
  6. Geeganage C, Beavan J, Ellender S, Bath PM. Interventions for dysphagia and nutritional support in acute and subacute **stroke**. Cochrane Database Syst Rev. 2012; 10:CD000323.
  7. Liu CH, Lin SC, Lin JR, Yang JT, Chang YJ, Chang CH, et al. Dehydration is an independent predictor of discharge outcome and admission cost in acute ischaemic **stroke**. Eur J Neurol. 2014; 21(9):1184-91.


Year of Publication: 2021

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2



3



## JBI EVIDENCE SUMMARY

# POST STROKE REHABILITATION: NUTRITION MANAGEMENT

### Search date

10/02/2020

### Author

Ebony Picot BHSc, BPsySt

### Publication date

08/04/2021

### Question

What is the best available evidence for nutrition management of stroke inpatients in the rehabilitation phase?

### Clinical Bottom Line

Stroke is one of the leading causes of death and disability in adults and the risk of stroke increases with age. Effects of stroke, such as swallowing difficulties and cognitive dysfunction, can leave stroke patients vulnerable to malnutrition and dehydration which can lead to poor outcomes. Medical nutrition therapy, tailored to meet individualized needs, is an important aspect of rehabilitation.<sup>1</sup>



1



2



3

## Clinical Bottom Line

Stroke is one of the leading causes of death and disability in adults and the risk of stroke increases with age. Effects of stroke, such as swallowing difficulties and cognitive dysfunction, can leave stroke patients vulnerable to malnutrition and dehydration which can lead to poor outcomes. Medical nutrition therapy, tailored to meet individualized needs, is an important aspect of rehabilitation.<sup>1</sup>

- Clinical guidelines recommend all stroke patients are screened early for dysphagia, prior to oral intake, and where indicated receive a thorough assessment of swallowing function. For stroke patients who are malnourished or at risk of malnutrition, medical nutrition therapy is recommended. An individualized nutrition care plan should be developed and monitored by a dietetic professional. (Level 5)
- Clinical guidelines recommend all stroke inpatients are screened for malnutrition upon admission and rescreened weekly.<sup>2,3</sup> (Level 5)
  - Due to the risk of subsequent stroke, clinical guidelines recommend consideration of secondary prevention strategies. All stroke survivors should be referred to a dietitian for the provision of individualized dietary advice.
  - These guidelines for stroke management also recommend goal setting during rehabilitation. This process should take a collaborative approach and include the stroke survivor, their families and carers, and the rehabilitation care team. Clear communication and documentation of well-defined and specific goals is recommended.<sup>2</sup> (Level 5)

Evidence supports the use of the Malnutrition Universal Screening Tool (MUST) to identify stroke patients who may benefit from nutritional support. A statistically significant and graded association between risk of



1



2



3

## Characteristics Of The Evidence

This evidence summary is based on a structured search of the literature and selected evidence-based health care databases. The evidence in this summary comes from:

- Clinical guidelines specific to the management of stroke.<sup>1,2,3</sup>
- A prospective observational study of 543 stroke patients.<sup>4</sup>
- AN RCT of 102 undernourished patients admitted to a stroke rehabilitation service.<sup>5</sup>
- Systematic review of 33 RCTs involving 6,779 dysphagic and non-dysphagic stroke patients, average age 71 years.<sup>6</sup>
- A prospective cohort study of 2,570 patients admitted to hospital with ischemic stroke and 573 with hemorrhagic stroke divided into dehydrated and non-dehydrated groups.<sup>7</sup>

## Best Practice Recommendations

- Dietitians should be involved in recommendations related to medical nutrition therapy for stroke patients who are malnourished or at risk of malnutrition. An individualized nutrition care plan should be developed and monitored by a dietetic professional. (Grade B)
- All stroke patients should be screened for dysphagia prior to commencement of oral intake. Safe swallowing advice and appropriate dietary modifications should be introduced early for stroke patients with swallowing difficulties with input from a dietitian. Early initiation of tube feeding, when indicated, is recommended (Grade B)
- All stroke patients should be screened for malnutrition upon admission and rescreened weekly for malnutrition using a validated malnutrition screening tool. (Grade B)
- Routine oral supplementation is not recommended for non-dysphagic stroke patients who are well

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☐ Systematic Review Protocols  
☐ Systematic Reviews

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☐ Burns Care  
☐ Cancer Care  
☐ Cardiovascular Care  
☐ Chronic Disease[Additional Limits](#) [Edit Limits](#)

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★★★★★

☐ 1. **ADULT STROKE: REHABILITATION FOR SPATIAL NEGLECT.**

*[Recommended Practices]*

AN: JBI2472

Year of Publication

2019

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★★★★★

☐ 2. **STROKE: OCCUPATIONAL THERAPY FOR ACTIVITIES OF DAILY LIVING.**

*[Recommended Practices]*

AN: JBI2488

Year of Publication

2019

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Relevance: ★★★★★

Accession Number: JBI2488

Title: **STROKE**: OCCUPATIONAL THERAPY FOR ACTIVITIES OF DAILY LIVING.

Equipment: PatientaTMs records Activities of Daily Living (ADL) assessment instrument Appropriate environment for ADL assessment and retraining

Publication Type: [Recommended Practices](#).

Keywords: transient ischaemic attack; cerebrovascular accident; cva; ita; occupational therapist; adl; personal; instrumental; modified barthel index

MeSH Subject Headings: **Stroke**; [Occupational Therapy](#); [Activities of Daily Living](#); **Rehabilitation**Subject Area Node: **Rehabilitation**; [Cardiovascular Care](#)

Year of Publication: 2019

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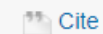
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## JBI RECOMMENDED PRACTICE

# STROKE: OCCUPATIONAL THERAPY FOR ACTIVITIES OF DAILY LIVING

### Publication date

10/12/2019

### Equipment

- Patient's records
- Activities of Daily Living (ADL) assessment instrument
- Appropriate environment for ADL assessment and retraining

### Recommended Practice

Stroke can have a profound impact on a person's way of life, especially on their capacity to perform many of the activities that are necessary and relevant in daily living. Occupational therapy interventions are an integral part of stroke rehabilitation and aim to improve a person's daily living skills and optimize their independence and safety in performing personal and instrumental ADL as well as leisure and vocational activities. Personal ADL include those activities that enable us to maintain personal level of care such as feeding, bathing, dressing and grooming. Instrumental activities are those that are necessary to enable us



1



2



3

## Recommended Practice

Stroke can have a profound impact on a person's way of life, especially on their capacity to perform many of the activities that are necessary and relevant in daily living. Occupational therapy interventions are an integral part of stroke rehabilitation and aim to improve a person's daily living skills and optimize their independence and safety in performing personal and instrumental ADL as well as leisure and vocational activities. Personal ADL include those activities that enable us to maintain personal level of care such as feeding, bathing, dressing and grooming. Instrumental activities are those that are necessary to enable us to stay productive both at home and in the community including tasks of meal preparation, housework, shopping and finance management.

When working with persons who had stroke occupational therapy assessments and interventions should be based around the person's goals for occupational performance. Goal setting is a collaborative process between the occupational therapist, the person and significant others (e.g. family/carers) where goals are negotiated and agreed on and help establish an intervention plan. The goals should be specific, measurable, attainable, realistic and timely (SMART).

## ASSESSMENT:

- Occupational therapists should gain a thorough understanding of the person's previous level of occupational performance, roles, home environment and desired goals through the completion of an initial interview.
- Occupational therapists should gain an understanding of the person's current level of occupational performance and occupational performance components (e.g. upper limb strength and coordination, vision, cognition, perception, mobility and transfer) through direct observation in relevant occupations including personal care, instrumental activities of daily living, vocation and leisure as appropriate for



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## Occupational Health and Safety Considerations



**BACK CARE**  
FOLLOW MANUAL  
HANDLING PROCEDURES



**MEDICATION**  
COMPETENCE REQUIRED



**ATTENTION!**  
USE STANDARD  
PRECAUTIONS

The author declares no conflicts of interest in accordance with International Committee of Medical Journal Editors (ICMJE) standards.

**How to cite:** JBI. Recommended Practice. Stroke: Occupational Therapy for Activities of Daily Living. The JBI EBP Database. 2019; JBI23755.

For details on the method for development see Munn Z, Lockwood C, Moola S. The development and use of evidence summaries for point of care information systems: A streamlined rapid review approach. Worldviews Evid Based Nurs. 2015;12(3):131-8.

**Note:** The information contained in this Recommended Practice must only be used by people who have the appropriate expertise in the field to which the information relates. The applicability of any information must be established before relying on it. While care has been taken to ensure that this Recommended Practice summarizes available research and expert consensus, any loss, damage, cost or expense or liability suffered or incurred as a result of reliance on this information (whether arising in contract, negligence, or otherwise) is, to the extent permitted by law, excluded.

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<input checked="" type="checkbox"/>	2	limit 1 to five stars	35	Advanced	<a href="#">Display Results</a> <a href="#">More ▼</a>	
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<input type="checkbox"/>	3 limit 2 to evidence summaries	9	Advanced	<a href="#">Display Results</a> <a href="#">More ▼</a>		
<input type="checkbox"/>	4 limit 2 to recommended practices	2	Advanced	<a href="#">Display Results</a> <a href="#">More ▼</a>		
<input type="checkbox"/>	5 limit 2 to best practice information sheets	1	Advanced	<a href="#">Display Results</a> <a href="#">More ▼</a>		

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## Publication Types

-  
Best Practice Information Sheets  
Evidence Summaries  
Recommended Practices  
Systematic Review Protocols  
Systematic Reviews

## Subject Area Nodes

-  
Aged Care  
Burns Care  
Cancer Care  
Cardiovascular Care  
Chronic Disease

## ▼ Search Information

## You searched:

limit 2 to best practice information sheets

## Search terms used:

family  
families  
fam  
stroke rehabilitation

## Search Returned:

1 text results

## Sort By:

SCORE ▼

[Customize Display](#)

## ▼ Filter By

[Add to Search History](#)

Selected Only ( 0 )

## ▼ Relevancy

All Stars

5 stars only

4 or more

3 or more

2 or more

## ▼ Years

All Years

Current year

Past 3 years

Past 5 years

► Specific Year Range

► Author

► Journal

► Publication Type

☐ All  [Clear](#)     ▼

- ☐ 1. **Experiences of stroke survivors, their families and unpaid carers in goal setting within stroke rehabilitation.**

Lizarondo, Lucylynn.

*Best Practice: evidence-based information sheets for health professionals.* 21(4):1-4, 2019.

[Best Practice Information Sheets]

AN: JBI23158

Year of Publication

2019

► Abstract  [+ My Projects](#) [+ Annotate](#)

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[Internet Resources](#)



[JBI Database PDF](#)

[JBI Topic Request](#)

☐ All  [Clear](#)     ▼

[◀ Back to Search Results](#)☐ 1 of 1 Results Keep Selected

Relevance: ★★★★★

Accession Number: JBI23158

Author: [Lizarondo, Lucylynn](#).

Institution: 1. Joanna Briggs Institute, The University of Adelaide, South Australia, Australia

Title: Experiences of **stroke** survivors, their **families** and unpaid carers in goal setting within **stroke rehabilitation**.

Source: Best Practice: evidence-based information sheets for health professionals. 21(4):1-4, 2019.

Abstract: Recommendations \*

\* Individual practitioners and providers of inpatient **stroke rehabilitation** services should reflect upon and evaluate the impact they have on goal setting interactions. They should endeavor to positively encourage and empower the **stroke** survivor. They should get to know the person, listening to them and finding out "who they are", in order to develop meaningful goals (together) that are individualized to the **stroke** survivor. (Grade B)

\* Practitioners should recognize that recovery after **stroke** is ongoing and unpredictable and be aware of the potential importance to **stroke** survivors of maintaining hope and a sense of forward momentum through the use of person-centered goal setting in **stroke rehabilitation**. (Grade B)


\* Practitioners should use person-centered goal setting processes in **stroke rehabilitation** that acknowledge and adapt to a **stroke** survivor's ability and desire to be involved in goal setting. (Grade B)

\* For a definition of JBI's 'Grades of Recommendation' please see the last page of this sheet

Publication Type: [Best Practice Information Sheets](#).Keywords: Goal setting; qualitative; experiences; **stroke** survivorsMeSH Subject Headings: **Stroke Rehabilitation**Subject Area Node: **Rehabilitation**

Year of Publication: 2019

## Tools

[Abstract Reference](#) [Cite](#)[Internet Resources](#)[JBI Database PDF](#)[JBI Topic Request](#) + [My Projects](#) + [Annotate](#)



1



2



3



JOANNA BRIGGS INSTITUTE

Rehabilitation

# Best Practice

Evidence-based information sheets for health professionals

Experiences of stroke survivors, their families and unpaid carers in goal setting within stroke rehabilitation

## Recommendations\*

- Individual practitioners and providers of inpatient stroke rehabilitation services should reflect upon and evaluate the impact they have on goal setting interactions. They should endeavor to positively encourage and empower the stroke survivor. They should get to know the person, listening to them and finding out “who they are”, in order to develop meaningful goals (together) that are individualized to the stroke survivor. **(Grade B)**

- Practitioners should recognize that recovery after stroke is ongoing and unpredictable and be aware of the potential importance



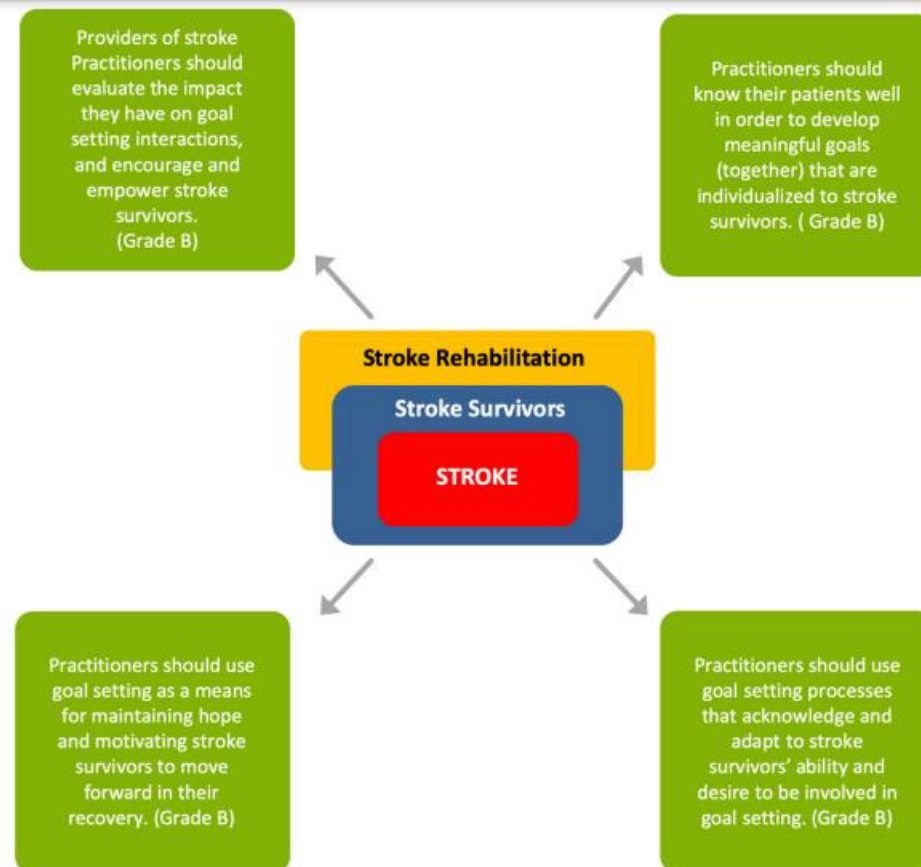
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2



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**Figure 1:** Stroke survivors' experiences of goal setting in stroke rehabilitation

**Participants**

A participant/actor e.g. specific health care professional, a patient group or carer. May include presentation

**Condition/Diagnosis or Presentation**

A condition or diagnosis e.g. 'acute wound' or specific condition that has arisen e.g. 'infection'

**Action**

A suggested action that can be taken as well as a grade of recommendation

**Context**

A specific context or situation e.g. 'emergency ward' or 'remote health clinic'

## ▼ Search History (5)

[View Saved](#)

<input type="checkbox"/>	# ▲	Searches	Results	Type	Actions	Annotations	
<input type="checkbox"/>	1	Family and stroke rehabilitation {Including Limited Related Terms}	1945	Basic	<a href="#">Display Results</a> <a href="#">More</a>		<a href="#">Contract</a>
<input checked="" type="checkbox"/>	2	limit 1 to five stars	35	Advanced	<a href="#">Display Results</a> <a href="#">More</a>		
<input type="checkbox"/>	3	limit 2 to evidence summaries	9	Advanced	<a href="#">Display Results</a> <a href="#">More</a>		
<input type="checkbox"/>	4	limit 2 to recommended practices	2	Advanced	<a href="#">Display Results</a> <a href="#">More</a>		
<input type="checkbox"/>	5	limit 2 to best practice information sheets	1	Advanced	<a href="#">Display Results</a> <a href="#">More</a>		

[Save](#) [Remove](#) Combine with: [AND](#) [OR](#)

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[Basic Search](#) | [Find Citation](#) | [Search Tools](#) | [Search Fields](#) | [Advanced Search](#) | [Multi-Field Search](#)1 Resource selected | [Hide](#) | [Change](#)

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## Publication Types

☒ Recommended Practices  
☐ Systematic Review Protocols  
☒ Systematic Reviews  
☐ Editorial  
☐ Letters to the Editor  
☐ Methodology

## Subject Area Nodes

☐ Aged Care  
☐ Burns Care  
☐ Cancer Care  
☐ Cardiovascular Care  
☐ Chronic Disease



## ▼ Search History (6)

[View Saved](#)

<input type="checkbox"/>	# ▲	Searches	Results	Type	Actions	Annotations	
<input type="checkbox"/>	3	limit 2 to evidence summaries	9	Advanced	<a href="#">Display Results</a> <a href="#">More</a> ▼		Expand
<input type="checkbox"/>	4	limit 2 to recommended practices	2	Advanced	<a href="#">Display Results</a> <a href="#">More</a> ▼		
<input type="checkbox"/>	5	limit 2 to best practice information sheets	1	Advanced	<a href="#">Display Results</a> <a href="#">More</a> ▼		
<input type="checkbox"/>	6	limit 2 to systematic reviews	16	Advanced	<a href="#">Display Results</a> <a href="#">More</a> ▼		

[Save](#) [Remove](#) Combine with: [AND](#) [OR](#)[Save All](#) [Edit](#) [Create RSS](#) [View Saved](#)[Email All Search History](#)[Copy Search History Link](#)[Copy Search History Details](#)[Basic Search](#) | [Find Citation](#) | [Search Tools](#) | [Search Fields](#) | [Advanced Search](#) | [Multi-Field Search](#)1 Resource selected | [Hide](#) | [Change](#)

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[Search](#)

## ▼ Limits (close)

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## Publication Types

Best Practice Information Sheets  
Evidence Summaries  
Recommended Practices  
Systematic Review Protocols  
Systematic Reviews

## Subject Area Nodes

Aged Care  
Burns Care  
Cancer Care  
Cardiovascular Care  
Chronic Disease

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## ▼ Search Information

## You searched:

limit 2 to systematic reviews

## Search terms used:

family  
families  
fam  
stroke rehabilitation

## Search Returned:

16 text results

## Sort By:

SCORE ▼

[Customize Display](#)

## ▼ Filter By

[Add to Search History](#)

Selected Only ( 0 )

## ▼ Relevancy

All Stars

5 stars only  
4 or more  
3 or more  
2 or more

## ▼ Years

All Years

Current year  
Past 3 years  
Past 5 years

## ► Specific Year Range

► Author  
► Journal  
► Publication Type

## ▼ My Projects

☐ All

Range

[Clear](#)

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20 Per Page

☐ 1.

★★★★★

**Experiences of stroke survivors, their families and unpaid carers in goal setting within stroke rehabilitation: a systematic review of qualitative evidence.**

Lloyd, Anna. Bannigan, Katrina. Sugavanam, Thavapriya. Freeman, Jennifer.

*JBI Database of Systematic Reviews & Implementation Reports. 16(6):1418-1453, 2018.**[Systematic Reviews]*

AN: JBI19724

Year of Publication

2018

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[Internet Resources](#)[JBI Database PDF](#)  
[JBI Topic Request](#)☐ 2.

★★★★★

**The effectiveness of caregiver psychosocial interventions on the psychosocial wellbeing, physical health and quality of life of stroke family caregivers and their stroke survivors: A systematic review.**

Cheng, Ho Yu [RN, BN(Hon.), PhD (Nursing) Student]. Chair, Sek Ying [RN, PhD]. Chau, Janita PC [RN PhD].

*JBI Database of Systematic Reviews & Implementation Reports. 10(12):679-797, 2012.**[Systematic Reviews]*

AN: JBI6338

Year of Publication

2012

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[Complete Reference](#)[Library Holdings](#)  
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[JBI Topic Request](#)☐ 3.

★★★★★

**Mealtime assistance for older adults in hospital settings and rehabilitation units from the perspective of patients, families and healthcare professionals: a mixed methods systematic review.**


Edwards, Deborah. Carrier, Judith. Hopkinson, Jane.

*JBI Database of Systematic Reviews & Implementation Reports. 14(9):261-357, 2016.**[Systematic Reviews]*[Abstract Reference](#)  
[Complete Reference](#)[Library Holdings](#)  
[Document Delivery](#)

☐ 1 of 16 Results

1

Go

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Relevance: ★★★★★

Accession Number: JBI19724

Author: [Lloyd, Anna](#), [Bannigan, Katrina](#), [Sugavanam, Thavapriya](#), [Freeman, Jennifer](#).

Institution: 1. Mardon Neurological **Rehabilitation** Centre, Royal Devon and Exeter NHS Foundation Trust, Exeter, United Kingdom.,  
2. School of Health Professions, University of Plymouth, Devon, United Kingdom,  
3. Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences, University of Oxford, Oxford, United Kingdom,  
4. National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care South West Peninsula (PenCLAHRC),  
Centre for Clinical Trials and Population Studies, Plymouth University, Plymouth, United Kingdom, and  
5. The University of Plymouth Centre for Innovations in Health and Social Care: a Joanna Briggs Institute Centre of Excellence

Title: Experiences of **stroke** survivors, their **families** and unpaid carers in goal setting within **stroke rehabilitation**: a systematic review of qualitative evidence.

Source: JBI Database of Systematic Reviews &amp; Implementation Reports. 16(6):1418-1453, 2018.

Abstract: ABSTRACT


Objective: The objective of the review was to synthesize the best available qualitative evidence regarding the experiences of **stroke** survivors, their **families** and unpaid carers, about goal setting within **stroke rehabilitation**.

Introduction: Clinical guidelines recommend person-centered goal setting in **stroke rehabilitation** but many barriers exist to its implementation. Individual differences and preferences, of both the **stroke** survivor and practitioner, may influence involvement in goal setting. A **stroke** survivor's relationship with close **family** members and unpaid carers can be powerful and could influence **rehabilitation**, recovery and goal setting.

Inclusion criteria: The participants of interest were adults (over 18 years) who had experienced a **stroke** and undergone **rehabilitation**, and their **families** and unpaid carers. The phenomena of interest were the experiences of goal setting within **stroke rehabilitation** for **stroke** survivors, their **families** and unpaid carers. The context was **stroke rehabilitation** in acute and community hospitals, inpatient **rehabilitation** units and the community. Studies considered for this review were qualitative primary research studies and the qualitative portion of mixed methods research.

Methods: A three-step search strategy was used to identify English language qualitative primary research studies (both published and unpublished) through November 2017. Two reviewers independently appraised the included studies using the Joanna Briggs Institute (JBI) Critical Appraisal Checklist for Qualitative Research. Studies were included if they achieved 50% "yes" results for the methodological assessment. Data were extracted from the included papers using the standardized JBI qualitative data extraction tool. Data were synthesized using meta-aggregation.

## Tools

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3



4

## SYSTEMATIC REVIEW

# Experiences of stroke survivors, their families and unpaid carers in goal setting within stroke rehabilitation: a systematic review of qualitative evidence

Anna Lloyd<sup>1,2</sup> • Katrina Bannigan<sup>2,5</sup> • Thavapriya Sugavanam<sup>3,4</sup> • Jennifer Freeman<sup>2,5</sup>

<sup>1</sup>Mardon Neurological Rehabilitation Centre, Royal Devon and Exeter NHS Foundation Trust, Exeter, United Kingdom., <sup>2</sup>School of Health Professions, University of Plymouth, Devon, United Kingdom, <sup>3</sup>Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences, University of Oxford, Oxford, United Kingdom, <sup>4</sup>National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care South West Peninsula (PenCLAHRC), Centre for Clinical Trials and Population Studies, Plymouth University, Plymouth, United Kingdom, and <sup>5</sup>The University of Plymouth Centre for Innovations in Health and Social Care: a Joanna Briggs Institute Centre of Excellence

## ABSTRACT

**Objective:** The objective of the review was to synthesize the best available qualitative evidence regarding the experiences of stroke survivors, their families and unpaid carers, about goal setting within stroke rehabilitation.

**Introduction:** Clinical guidelines recommend person-centered goal setting in stroke rehabilitation but many barriers exist to its implementation. Individual differences and preferences, of both the stroke survivor and practitioner, may influence involvement in goal setting. A stroke survivor's relationship with close family members and unpaid carers can be powerful and could influence rehabilitation, recovery and goal setting.

4

5

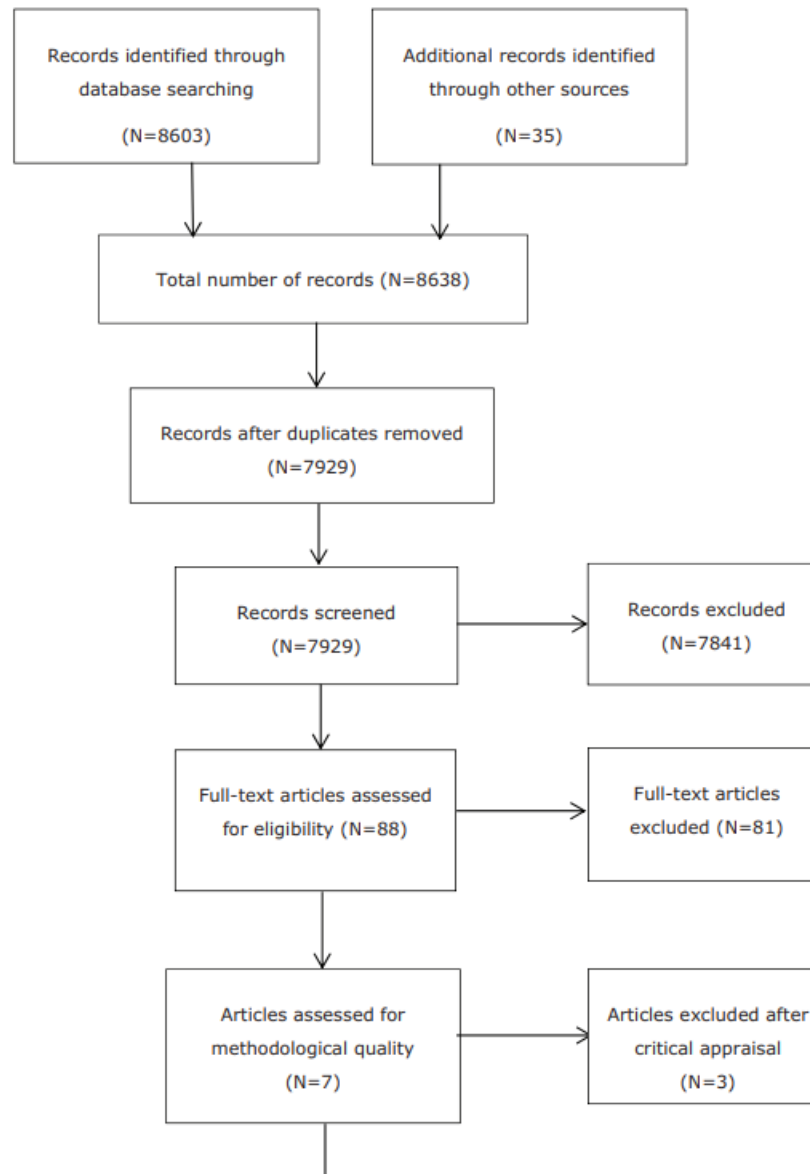
6

7

Identification

Screening

Eligibility



**Table 2: Methodological assessment of included articles**

Citation	Question									
	1	2*	3*	4*	5	6*	7*	8	9	10
Brown <i>et al.</i> (2014) <sup>22</sup>	N	U	Y	Y	Y	N	U	Y	U	Y
Levack <i>et al.</i> (2011) <sup>17</sup>	Y	Y	Y	Y	Y	N	U	Y	U	Y
Martin <i>et al.</i> (2015) <sup>25</sup>	Y	Y	Y	Y	Y	N	U	Y	N/A**	Y
Rosewilliam <i>et al.</i> (2016) <sup>42</sup>	U	Y	U	U	U	U	Y	Y	Y	Y
%	50%	75%	75%	75%	75%	0%	25%	100%	25%	100%

Y, Yes; N, No; U, Unclear; N/A, Not Applicable.

\*Dependability questions.

\*\*N/A rating given as the authors stated in the paper that the study had been deemed by a Regional Ethics Committee as sufficiently low risk as to not require ethics committee review.

Of the included studies, all achieved 2 or 3 marks out of 5 for dependability questions (Q2–4, 5, 6); no study included a clear statement locating the researcher culturally or theoretically and only one<sup>42</sup> clearly addressed the influence of the researcher on the research. Two studies had clearly stated the philosophical perspective and specific qualitative methodology from which to determine congruence.<sup>17,25</sup> Two studies did not state their philosophical perspective<sup>22,42</sup> and congruence between methodology and research aim,<sup>22</sup> or the methodology, methods and data analysis<sup>42</sup> were not clear. In all included studies, participants' voices were well represented and conclusions grounded in

(only the stroke survivor data was included in this systematic review).

- *Martin et al.*<sup>25</sup> used qualitative semi-structured interviews with people with severe Acquired Brain Injury (ABI), including three stroke survivors (only the stroke survivor data was included in this systematic review), residing in a New Zealand residential care setting (n=5), to explore life goal planning in rehabilitation from an interpretative phenomenological perspective.
- *Rosewilliam et al.*<sup>42</sup> used multiple qualitative methods of data collection to explore whether the current goal setting practice in acute stroke rehabilitation was patient-centered, and what



## Appendix I: Search strategy

### Database searches

Search for published studies: (Start of database until 16 <sup>th</sup> November 2017.)		Search for unpublished studies: (Start of database until 16 <sup>th</sup> November 2017.)	
Name	Hits	Name	Hits
MEDLINE	1408	Open Grey	513
Embase	8063	ProQuest Conference Papers and Proceedings	1*
CINAHL	362	Google Scholar	1410**
AMED	164	Social Care Online (published & unpublished studies)	See earlier
BNI	65	HMIC (published and unpublished studies)	See earlier
Social Care Online (published and unpublished studies)	32	<b>Author search:</b> <b>Databases MEDLINE, CINAHL</b> (Start of database until 16 <sup>th</sup> November 2017)	
HMIC (published and unpublished studies)	11	Jones, Fiona	113
		Levack, William	58
OT seeker	13	Rosewilliam, Sheeba	9
PEDRO	69	Scobbie, Leslie	19

(Updated searches conducted in November and December 2017).

\*The initial search of ProQuest Conference Papers and Proceedings only produced one paper, which was not relevant to this review, and the database was not readily available, so was excluded from the updated search.

\*\*Database excluded after screening 50 pages as no new relevant references were identified.

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Books

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My Workspace

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EBP Tools ▾

What's New

## ▼ Search History (6)

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<input type="checkbox"/>	# ▲	Searches	Results	Type	Actions	Annotations
<input type="checkbox"/>	1	Family and stroke rehabilitation {Including Limited Related Terms}	1945	Basic	<a href="#">Display Results</a> <a href="#">More ▾</a>	
<input checked="" type="checkbox"/>	2	limit 1 to five stars	35	Advanced	<a href="#">Display Results</a> <a href="#">More ▾</a>	
<input type="checkbox"/>	3	limit 2 to evidence summaries	9	Advanced	<a href="#">Display Results</a> <a href="#">More ▾</a>	
<input type="checkbox"/>	4	limit 2 to recommended practices	2	Advanced	<a href="#">Display Results</a> <a href="#">More ▾</a>	
<input type="checkbox"/>	5	limit 2 to best practice information sheets	1	Advanced	<a href="#">Display Results</a> <a href="#">More ▾</a>	
<input type="checkbox"/>	6	limit 2 to systematic reviews	16	Advanced	<a href="#">Display Results</a> <a href="#">More ▾</a>	

Contract

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Publication Types

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- Best Practice Information Sheets
- Evidence Summaries
- Recommended Practices
- Systematic Review Protocols
- Systematic Reviews

Subject Area Nodes

- Burns Care
- Cancer Care
- Cardiovascular Care
- Chronic Disease
- Diagnostic Imaging
- Emergency and Trauma

## ▼ Search Information

## You searched:

limit 2 to cardiovascular care

## Search terms used:

family  
families  
fam  
stroke rehabilitation

## Search Returned:

1 text results

## Sort By:

SCORE ▼

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## ▼ Filter By

[Add to Search History](#)

Selected Only ( 0 )

## ▼ Relevancy

All Stars

5 stars only  
4 or more  
3 or more  
2 or more

## ▼ Years

All Years

Current year  
Past 3 years  
Past 5 years

► Specific Year Range

► Publication Type

## ▼ My Projects

[+ New Project](#)☐ All

Range

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☐ 1.

★★★★★

**STROKE: OCCUPATIONAL THERAPY FOR ACTIVITIES OF DAILY LIVING.***[Recommended Practices]*

AN: JBI2488

Year of Publication

2019



Cite



+ My Projects



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R

## Citation



AMA

STROKE: OCCUPATIONAL THERAPY FOR ACTIVITIES OF DAILY LIVING. 2019; Cited in: JBI EBP Database at <http://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=jbi&NEWS=N&AN=JBI2488>. Accessed May 03, 2021.[Copy](#)

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STROKE: OCCUPATIONAL THERAPY FOR ACTIVITIES OF DAILY LIVING. (2019). Retrieved from <http://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=jbi&NEWS=N&AN=JBI2488>.[Copy](#)

MLA

"STROKE: OCCUPATIONAL THERAPY FOR ACTIVITIES OF DAILY LIVING". (2019): JBI EBP Database. Web. 03 May. 2021. <<http://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=jbi&NEWS=N&AN=JBI2488>>.[Copy](#)

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## ▼ Search History (7)

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<input type="checkbox"/>	# ▲	Searches	Results	Type	Actions	Annotations
<input type="checkbox"/>	1	Family and stroke rehabilitation {Including Limited Related Terms}	1945	Basic	<a href="#">Display Results</a> <a href="#">More</a> ▼	<a href="#">Contract</a>
<input type="checkbox"/>	2	limit 1 to five stars	35	Advanced	<a href="#">Display Results</a> <a href="#">More</a> ▼	
<input type="checkbox"/>	3	limit 2 to evidence summaries	9	Advanced	<a href="#">Display R</a>	
<input type="checkbox"/>	4	limit 2 to recommended practices	2	Advanced	<a href="#">Display R</a>	
<input type="checkbox"/>	5	limit 2 to best practice information sheets	1	Advanced	<a href="#">Display R</a>	
<input type="checkbox"/>	6	limit 2 to systematic reviews	16	Advanced	<a href="#">Display R</a>	
<input type="checkbox"/>	7	limit 2 to cardiovascular care	1	Advanced	<a href="#">Display R</a>	

[Save](#)[Remove](#)

Combine with:

[AND](#)[OR](#)[Save All](#)[Edit](#)[Create RSS](#)[View Saved](#)[Email All Search History](#)[Copy Search History Link](#)[Copy Search History Details](#)[Basic Search](#) | [Find Citation](#) | [Search Tools](#) | [Search Fields](#) | [Advanced Search](#) | [Multi-Field Search](#)1 Resource selected | [Hide](#) | [Change](#)

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 [Search](#)▼ Limits [\(close\)](#)☐ Include Multimedia☒ Include Related Terms☐ Full Text☐ Abstracts

Publication Year

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Publication Types

Best Practice Information Sheets  
Evidence Summaries

Subject Area Nodes

Aged Care  
Burns Care



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## Personal Account Login

Personal Account Name:

Password:

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Search Name

stroke

Comment (Optional)

Type

AutoAlert (SDI)

Save

## AutoAlert Options

## Scheduling Options

- ☒ On Database Update[?]
- ☐ Quarterly
- ☐ Monthly - on day
- ☐ Every other week - on
- ☐ Weekly - on

## Deduping Options

☐ ☒ Include Open Access Results

## Delivery Options

- ☒ Email
- ☐ RSS
- ☐ My Projects

Email

RSS

My Projects

## Email Address &amp; Subject

Separate multiple email addresses with commas. Do not use any spaces between the addresses.

Recipient's Email Address:

shaoti@flysheet.com.tw

Email Subject:

Ovid Results

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- ☒ Inline
- ☐ As an Attachment  
(Ovid Result Format only)

## Output Type

- ☐ HTML (Ovid Result Format only)
- ☒ ASCII
- ☐ EXCEL (Ovid Result Format only)
- ☐ XML
- ☐ RIS

☒ Include Strategy☐ Include external resolver link

## Report Type

- ☒ Email includes only a Results Display Link
- ☐ Email includes records, a Results Display Link, and a link to each record's Fulltext or Complete Reference Display



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⚠ Search History saved as "stroke"

## ▼ Search History (7)

[View Saved](#)

<input type="checkbox"/>	# ▲	Searches	Results	Type	Actions	Annotations	
<input type="checkbox"/>	4	limit 2 to recommended practices	2	Advanced	<a href="#">Display Results</a> <a href="#">More ▾</a>		Expand
<input type="checkbox"/>	5	limit 2 to best practice information sheets	1	Advanced	<a href="#">Display Results</a> <a href="#">More ▾</a>		
<input type="checkbox"/>	6	limit 2 to systematic reviews	16	Advanced	<a href="#">Display Results</a> <a href="#">More ▾</a>		
<input type="checkbox"/>	7	limit 2 to cardiovascular care	1	Advanced	<a href="#">Display Results</a> <a href="#">More ▾</a>		

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☐ Include Multimedia☒ Include Related Terms☐ Full Text☐ Abstracts

Publication Year

Publication Types

-  
Best Practice Information Sheets  
Evidence Summaries  
Recommended Practices  
Systematic Review Protocols  
Systematic Reviews

Subject Area Nodes

-  
Aged Care  
Burns Care  
Cancer Care  
Cardiovascular Care  
Chronic Disease

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#### AutoAlert (SDI) Searches [\(Back to Top\)](#)

JBI EBP Database <Current to April 28, 2021>

☐

stroke

☒ Since Last Run ☐ Select Update(s) ☐ Run In Current Database

Dedup: Off Frequency: On Database Update

Journals@Ovid Full Text <April 30, 2021>

Ovid MEDLINE(R) ALL <1946 to April 30, 2021>

☐

2019ncov

☒ Since Last Run ☐ Select Update(s) ☐ Run In Current Database

Dedup: 120 Days Frequency: On Database Update

☐ Journals@Ovid Full Text <April 30, 2021>

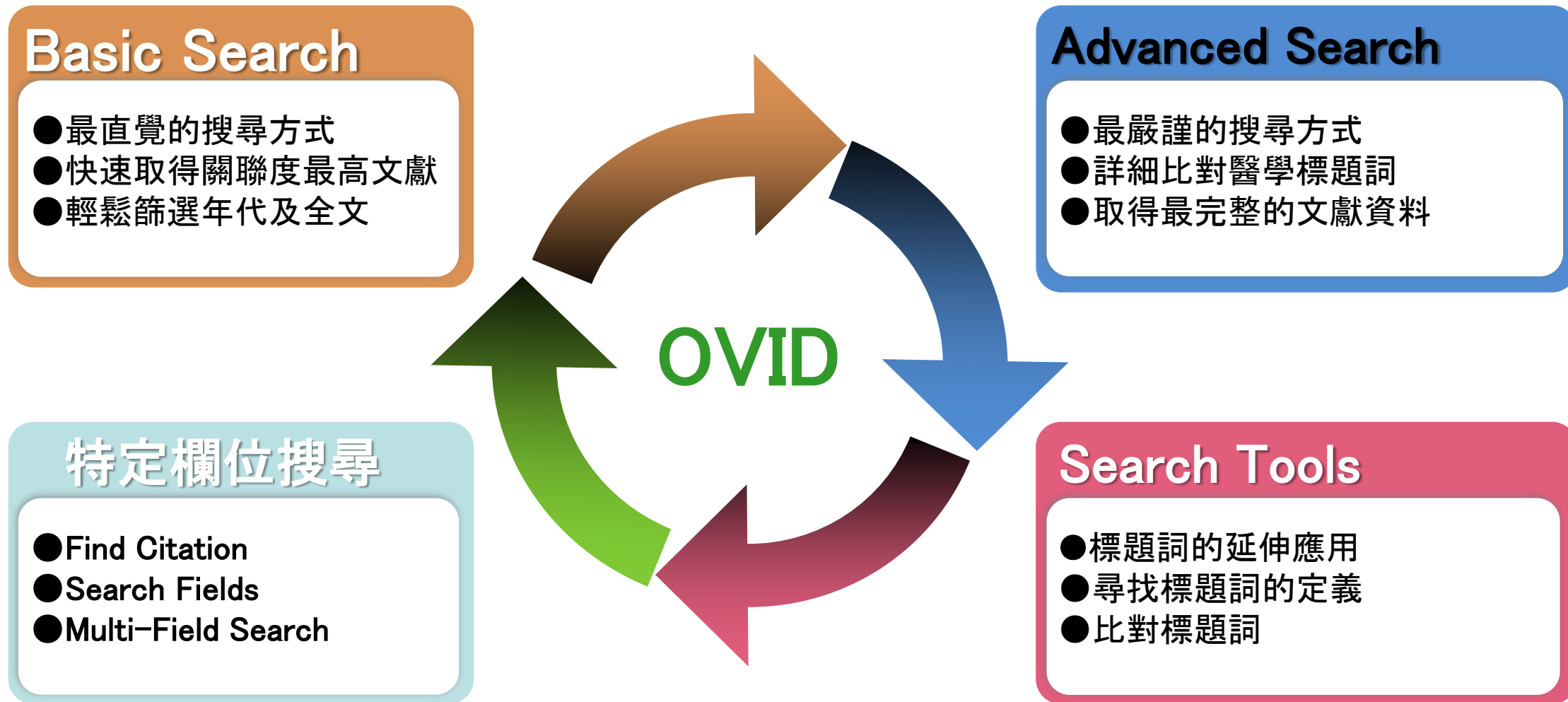
☐ Ovid MEDLINE(R) ALL <1946 to April 30, 2021>

Ovid MEDLINE(R) and Epub Ahead of Print, In-Process, In-Data-Review & Other Non-Indexed Citations, Daily and Versions(R) <1946 to April 30, 2021>

☐

statin1

# Ovid Medline檢索功能



# 關鍵字查詢技巧：切截與萬用字元

- 切截字：\$或\*
  - 無限制切截查詢：
    - depress\*:depress, depressive, depression, depressed, ...
  - 有限制切截查詢：
    - gene\*2:gene, genes, genera,...(不會有 generation)
- 萬用字元：#和?
  - #:表示一個字母
    - organi#ation:organization、organisation
    - dog#:dogs (不會有dog)
    - wom#n:woman、women
  - ?:表示0或1個字母
    - colo?r:color, colour
    - dog?:dog和dogs

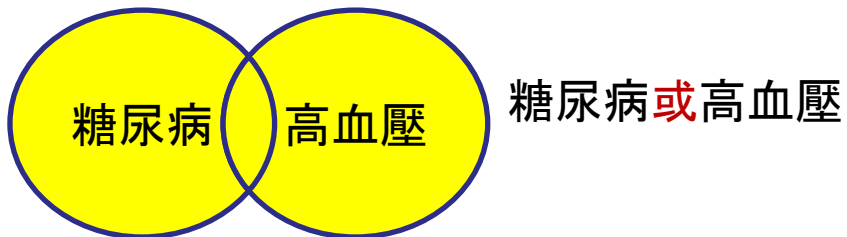
# 關鍵字合併技巧：布林邏輯與鄰近檢索

- 布林邏輯

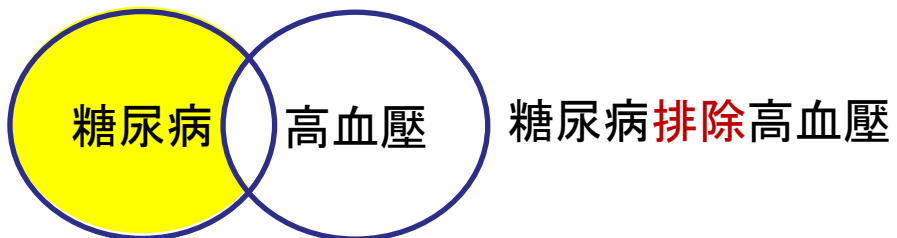
- AND



- OR



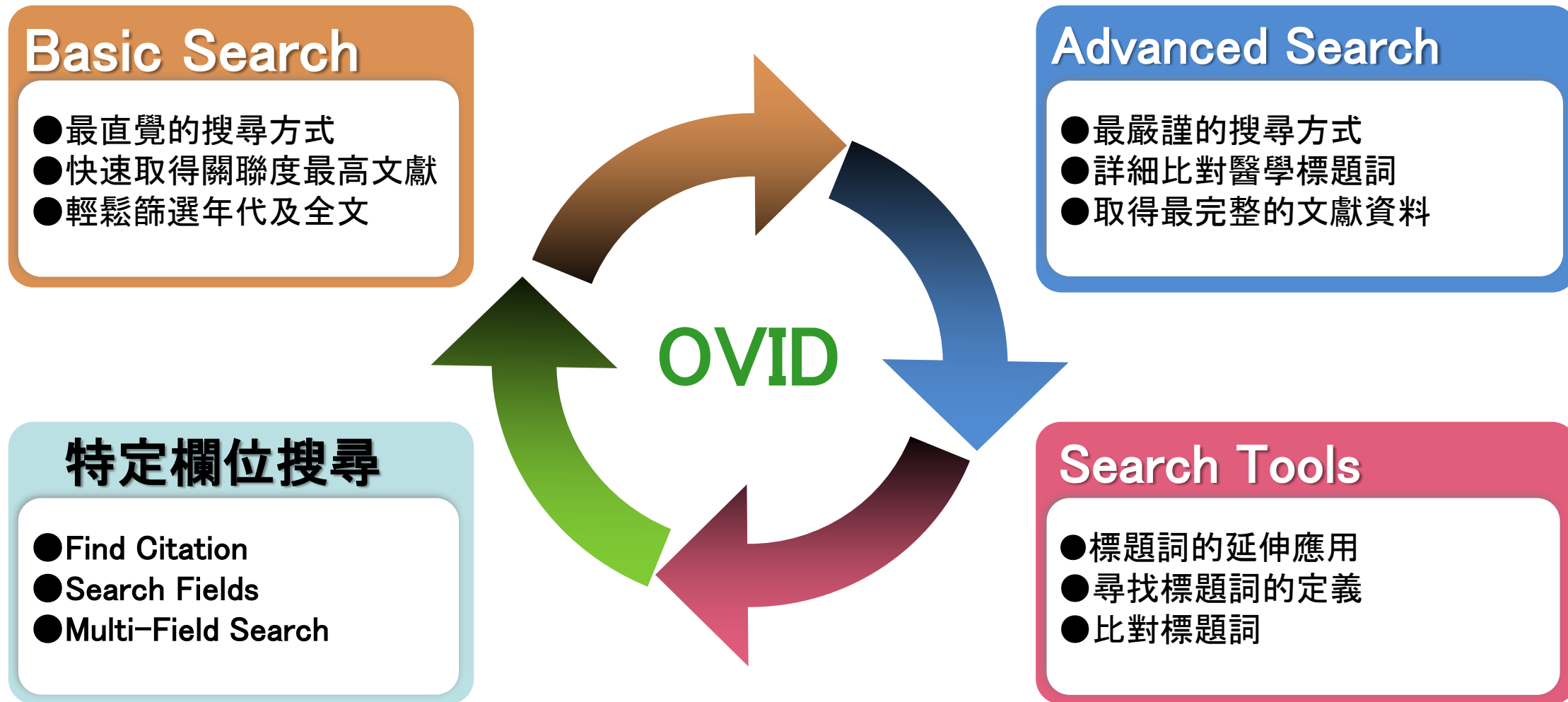
- NOT



- 鄰近檢索


- ADJ# - pain management → pain\* adj3 manag\*
  - Pain management
  - management of bladder pain
  - manage cancer pain.....
  - management of painful
  - Early Gains Versus Late Pains: Management Options

# Ovid Medline檢索功能





1 Resource selected | [Hide](#) | [Change](#)

 **JBIEBP Database** Current to April 28, 2021

taiwan

Search

Display Indexes >

My Fields

All Fields


Clear Selected

- ☐ **af** All Fields
- ☐ **ab** Abstract
- ☐ **an** Accession Number
- ☐ **au** Author
- ☐ **do** DOI Number
- ☐ **dp** Date of Publication
- ☐ **eq** Equipment
- ☐ **hw** Heading Word
- ☐ **is** ISSN
- ☒ **or** Institution
- ☐ **ip** Issue/Part
- ☐ **jn** Journal Name
- ☐ **jx** Journal Word
- ☐ **kw** Keywords
- ☐ **sh** MeSH Subject Headings
- ☐ **ov** Overview
- ☐ **pg** Pagination
- ☐ **pr** Produced By
- ☐ **pt** Publication Type
- ☐ **pb** Publisher
- ☐ **rp** Recommended Practice
- ☐ **rf** References
- ☐ **ry** Review Text
- ☐ **sa** Subject Area Node
- ☐ **tx** Text
- ☐ **ti** Title
- ☐ **vo** Volume
- ☐ **yr** Year of Publication

**Help Text**

Click the plus/minus (+/-) button to add/ remove the field to the "My Fields" Area.

Click the "i" button next to the field to browse the index for the selected item

Items marked with  can only be searched. No index is available.

## ▼ Search Information

## You searched:

taiwan.or.

## Search terms used:

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## Search Returned:

39 text results

## Sort By:

-

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Selected Only ( 0 )

## ▼ Years

All Years

Current year

Past 3 years

Past 5 years

## ► Specific Year Range

► Author

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1

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Yamakawa, Miyae. Sung, Huei-Chuan. Tungpunkom, Patraporn.

*JBI Evidence Synthesis*. 18(9):2075-2081, September 2020.*[SYSTEMATIC REVIEW PROTOCOLS]*

AN: JBI5RIR-D-19-00230

Year of Publication

2020

[► Abstract](#)[Cite](#)[+ My Projects](#)[+ Annotate](#)[Abstract Reference](#)[Complete Reference](#)[Full Text](#)[Library Holdings](#)[Document Delivery](#)[文獻推薦服務](#)[Internet Resources](#)[SFX](#)[JBI Topic Request](#)☐ 2. **The experience of family members of children and adolescents with cancer in its initial stage: a qualitative systematic review protocol.**

Mu, Pei-Fan [RN, PhD]. Sheng, Ching-Ching [RN, MSN]. Tung, Pei-Chi [RN, BN]. Lo, Pao-Chen [RN]. Huang, Ling-Ya [RN]. Lee, Mei-Yin [RN, PhD]. Chen, Yi-Wei [MD].

*[Systematic Review Protocols]*

AN: JBI10409

Year of Publication

2014

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Chang, Shu-Chuan [RN, MSN, Lecturer]. Lin, Yi-Chen [RN, PhD, Lecturer]. Yang, Sheng-Shun [MD, PhD, Visiting Physician].

*[Systematic Review Protocols]*

AN: JBI6668

Year of Publication

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